

# Sudocrem<sup>®</sup>

HEALING CREAM

## Soothes & Protects

# Solving Nappy Rash in 6 Easy Steps



**1**

### Good Quality Nappies

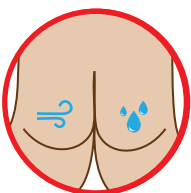
Ensuring moisture is drawn away from the skin



**2**

### Prevention Is Better Than The Cure!

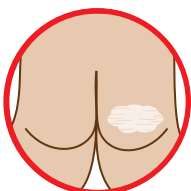
Keep baby in a clean and dry nappy



**3**

### Clean & Dry

During each change, clean & dry the skin with cotton wool & warm water or an alcohol-free baby wipe



**4**

### Apply

Use a zinc-based barrier cream (Sudocrem) after each nappy change to prevent moisture and irritants reaching the skin



**5**

### Nappy Free Time

Allows the skin to dry and to be exposed to fresh air



**6**

### Do NOT Use:

Talcum powder or antiseptics on Nappy Rash

[sudocrem.com.au](http://sudocrem.com.au)

Always read the label. If symptoms worsen or change unexpectedly, talk to your health professional. Follow the directions for use

